

The Women's Basketball Team travelled to the airport in style on their way to the Canadian Colleges Athletics Association Championships in Nova Scotia.

Kudos to Women's Basketball Team

Congratulations to the Women's Basketball team who placed fourth in Canada in the Canadian Colleges' Athletic Association Championships. John Abbott College from Montreal

placed first, Lethbridge Community College, Alberta, second, and Ahunsic College, Quebec was third. The Cap team moved up from fifth place last year.

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Speaking of Sun...

Time is running out to get your name in the barrel for a one-in-2000 chance in the athletics department's draw for the grand prize of two weeks in Hawaii, all expenses paid. The not-too-shabby second prize is three days in San Francisco. Tickets are \$3 from Joe Iacobellis at 2281. Sales are limited.

Computer Grads Tell Industry the FACTS

This year's Computer Systems Management class is previewing its sophisticated new program FACTS — a Financial Analysis and Cashflow Tracking System — to the computer industry on April 15 at Capilano College in room A117, 9 a.m. to noon.

This minicomputer-based financial planning tool allows business managers to organize and track the progress of capital projects and budgets over a 20 year period.

FACTS connects directly with microcomputers, allowing senior managers to make on-the-spot projections, changes, and develop alternate scenarios.

This powerful system was developed in less than four months by the 1988 graduates who used the advanced programming, analysis, and design techniques they learned in their program to create FACTS.

The graduates of the rigorous 10-month accelerated program attribute the quality of the FACTS system to the fact that most of the 30 students are older than the average undergrad — a minimum of seven years of business experience is a prerequisite of the program. As a result, FACTS addresses the practical problems facing businesses.

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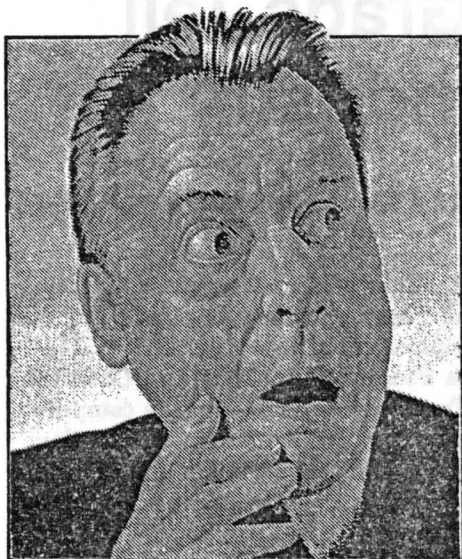
Richard Longworth, database management instructor, recently attended an international educational conference in San Francisco, where the participants were "astonished at the sophisticated level of the material" being taught at Capilano College.

"Most universities do not introduce the topics we teach until the third or fourth year — if at all," Longworth says. "Many of the industry consultants we bring in as guest lecturers tell us that our students are surprisingly

knowledgeable about data processing and business environments."

"Without question the computer management graduates are high achievers and our 100 per cent work placement record over the last four years indicates that Capilano College is producing the calibre of graduate the industry wants," says Jon Jessiman, Associate Dean of Student and Instructional Services.

"I'm confident employers will once again be competing with one another to hire our 1988 graduating computer management students."



Theatre Auditions

Take note aspiring thespians. Auditions are being held Friday, April 29, 10 a.m. - 5 p.m. at the Vancouver Playhouse, 543 West Seventh Avenue.

For more information, or an appointment, call or write the Theatre Department at York University, Room 216, Administrative Studies Bldg., 4700 Keele Street, North York, Ontario, M3J 1P3. Tel. (416) 736-5172.

EASTERN CONNECTIONS

Jon Jessiman, reputed to have at least one office on campus, is heading east for the nth time this year with a diverse agenda on behalf of Cap. He will be investigating a distance education project in Penang, a fall '88 lecture series in Malaysia, a College exchange and an International Education student placement in Manila, another student placement in Kuala Lumpur and a CIDA-funded proposal there, as well as two possible projects in Hong Kong. Jessiman's to-do list includes making arrangements for the International Trade Law program this summer in Suichan, and he will be following up on twinning arrangements with a number of post-secondary institutions in east and southwest China on behalf of Cap.

Gail Keary from Business Management returns after several months leave in Southeast Asia where she has been active on behalf of the College in placements for our International Education Co-op students as well as promoting LECTOUR Asia. Keary worked with Rob Turner and Don Basham at the B.C. Hong Kong Fair in February on Cap's behalf.

Al Oberndorf, on leave of absence in Malaysia, reported last week that there are possibilities of a joint venture in Indonesia in concert with a B.C. Tel affiliate and opportunities for sending Cap instructors to assist in an exciting project in S.E. Asia. Oberndorf expects to return to Vancouver after Christmas this year.

Keith Wade has just returned from a trip to McGill University where he lectured for a week in Biogeography, including a seminar on the Forests of China to a class of 80 students. Wade comments that the high level of knowledge and

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HEALTHSTYLES

April is "Cancer Month"

The daffodils are in bloom, and though they may be the only sign of yellow so far this spring, sunshine is not far away. Health Services warn us that it is a mixed blessing. The incidence of skin cancer has doubled every decade in the past 40 years in North America. It is simple common sense to heed the Canadian Cancer Society's suggestions for protecting yourself from the sun's harmful rays:

- use a sunscreen (and reapply after swimming).

- cover up, especially if you are fair-skinned
- avoid tanning parlours
- consult a physician if you notice any changes in your skin such as: change in mole or birthmark spreading skin growth open sore that doesn't heal

Early detection and prompt treatment are key in treating skin

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enthusiasm in the class was perhaps a reflection of the new minimum 75 per cent entry requirement at McGill.

Wade also had an opportunity to confer with his research partner who hails from New Zealand, but is at McGill on sabbatical. He and Dr. Peter Holland are studying the northern limits of rhododendron and arbutus in B.C.

Music Notes

Cap Jazz Wins in B.C.

Capilano College's 20-piece jazz ensemble won first place in the open category at the New Westminster Hyack Jazz Festival March 11. They have been invited to attend the national competition in Calgary for Music Fest '88 late in May, and it "looks like" they'll have the funding to attend, says Commercial Music instructor, Mike Reveley. "We'll bus in and bicycle out — whatever it takes," he says.

Cap's ensemble beat out stage bands from all over B.C., including two groups from Douglas College, two from Vancouver Community College and one from Malaspina.

The Best of Prism

Al Harlow, part-time instructor in the Commercial Music Program (Song Writing and the History of Rock) has just returned from a sold-out cross-Canada tour with *Return of Prism*, a revival of the quadruple platinum recording group (77-82).

He is now co-writing songs for a new album, *The Best of Prism*, which will be released soon.

STRESS DIET



BREAKFAST

1/2 grapefruit
1 slice whole-wheat bread
8 oz. skim milk

LUNCH

4 oz. broiled chicken breast
1 cup steamed zucchini
1 chocolate cookie
cup herb tea

MID-AFTERNOON SNACK

Remainder of the pack of chocolate cookies and at least one quart of butterscotch ripple ice cream

DINNER

Two loaves garlic bread
Large pepperoni and mushroom pizza

Pitcher of beer
Three candy bars
Entire cheesecake eaten directly from freezer

DIET TIPS

1. If no one sees you eat, it has no calories.
2. If you drink a diet soda with a candy bar, they will cancel each other out.
3. Calories don't count if you eat with someone and you both eat the same amount.
4. Food taken for medicinal purposes does not count. This includes hot chocolate, brandy, toast, Sara Lee chocolate cake.
5. If you fatten up everyone around you, you'll look thinner.
6. Snacks consumed in a movie do not count as they are part of the entertainment. For example: milkshakes, popcorn with butter, red licorice and M&Ms.
7. Pieces of cookies contain no calories. The process of breaking causes calorie leakage.
8. Late-night snacks have no calories. The refrigerator light is not strong enough for the calories to see their way to the calorie counter.
9. Frozen food has no calories, as a calorie is a measure of the heat in food.

BMI causes Panic

A Square in the Denominator Does Not Mean You Are Going to Die

Judging by the number of calls the PR office has received on the BMI measurement system run in the last *Informer*, there are several people on campus who either need to see a mortician or mathematician. NOTE: Square the denominator whether you are using metric or imperial measure. The confusion arose from the translation of pounds and inches to metric — it was not intended as part of the equation.

Ring Finds Owner

The Lost and Found notice in the last *Informer* did its job, and the owner of the errant ring dropped by to let us know that getting it back had "made her day". Send your written news, views, and previews to the Public Relations office by April 20 for the next issue. People are getting the message.

It's all in a Name

The typing pool is adopting a new moniker, "Word Processing Centre", to more accurately reflect the department's functions: word processing, typing, mail and FAX.

INFORMED CHOICES

THE INSTRUCTIONAL SKILLS WORKSHOP

For any faculty eager to brush up their teaching skills in a friendly and occasionally hilarious atmosphere, this workshop will feature instant video-feedback, hands-on practise with visual aid equipment, writing of lesson objectives, and practical demonstrations of new methodology. May 2, 3 and 4 or August 29, 30 and 31, 8:30 - 4:00, P102. Register with Hilary Clark at 2055 or 926-3030.

THE TACTILE ARTS

Clay and Textile Art students are exhibiting their work in A117 April 18 - 23.

THE FACTS ON FACTS

APRIL 15, 9 A.M. TO NOON, A117

Computer Systems Management students are previewing their sophisticated new program FACTS — a Financial Analysis and Cashflow Tracking System — to the computer industry. Everyone is welcome. For more information, call 984-4960.

LENS LIGHTS (FOCUS ON CONFRONTATION)

APRIL 25 - 29 10 A.M. - 9 P.M. A117

Confrontation is the theme of a photographic exhibition presented by the first year Media Resources students. Admission is free. Everyone welcome.

BODY ELECTRIC

APRIL 13 12:30-1:30, H113, \$4

The pop guitar and keyboard duo will be performing in a lunch bag concert.

BE-THERE OR

BE SQUARE

The Arts Club Theatre is kicking up its heels with a country cabaret Sunday April 10 at 8 p.m. Wear your best string tie and jeans.

Hungry? Go South

The North Campus cafeteria will be closed Monday, April 18 through Friday, September 2. Food services will still be available at the usual hours in the South cafeteria during the summer.

CLASSIFIEDS

College employees are invited to list items or services for sale, rent, or hire. Bring in or send your brief typed ad to Public Relations by April 20 for the next Informer.

Furnished house for rent in West Vancouver. May 1 - August 15. Architect-designed house, 1200 sq. ft., large living room and sunroom. Two bedroom, 1-1/2 bath, carport, garden. Close to beach and bus. Dundarave district. Adult-oriented, no pets. \$800/mos. References. 922-0698.

Furniture for sale: Beige & tan hide-a-bed, good cond. \$180; Hense drop-leaf table, \$175; Nine-drawer dresser & mirror, good cond., \$185; Six-drawer dresser, \$80; Exercise bicycle, unused \$85; Leather & teak high-back Siesta chair, with arms, excellent cond. \$375; Captain's swivel chair \$60; Wood chairs, excellent cond. \$25 ea.; Bookcases, dark brown \$20 ea. Contact Sue Carter - Library. Loc. 2125 or 2108.

COLOPHON

However sporadically the Informer may appear in your mail, it is valiantly attempting to come out at least every two weeks during the fall and spring terms.

This scurrilous sheet is produced by the Public Relations Department, room A118, local 2903 or 2002, and submissions are greeted with joy and delight. Photos are generally taken by Edna Sakata in MPC and prepared for publication by Dave Sharrock. Printing is done by Linda Givens and Dave Callow in the Print Shop and distribution is handled by the denizens of the mail room/typing pool.

People

New faces on campus are Linda Jones in Supply and Services and Jane Hamilton in Public Relations. Welcome them gently. They're probably still in shock.

Fond farewells are due to Michelle Henderson in Office Administration who goes on one-year leave July 1.

Cap instructor Cathy McLean has been named editor-in-chief of the provincial ABE quarterly *Groundwork* and is hard at work on the next issue with local contact Margot Rawsthorne.

WALKING THE RAMP

Eva Hall reports that getting a makeover is a mixed experience. Eva was given the full treatment recently at the Meridien Hotel by Compliment Fashions in front of a room full of expensively coiffed, fur-coated women. She had to walk a ramp wearing old clothes and no make-up. "It was like walking the plank," said Eva. "I looked terrible, but people clapped when they were told I had lost 30 pounds."

After a half-hour overhaul, Eva walked again. This time it was different. "People were whistling and taking snapshots, and they came up to me after and asked where I had lost the weight."

The answer to that question is the clinic in North Van.

"Honesty" available here

Limited edition reproductions of above-titled watercolour by instructor Kiff Holland will be available to College employees and students. One half of the \$180 cost will be donated to the Stephen Leskard Bursary Fund for students in the Graphic Design and Illustration program.

Stephen Leskard was a founding member of the College's Art Department. He retired in 1985 after a long and distinguished teaching career.

Orders must be placed before April 29. Call Jane in Public Relations at 2002.

MARCH 31, 1988

SOME INTERESTING NEW BOOKS RECEIVED IN THE MEDIA CENTRE

Acosta, Joan. Coast-to-Coast Reader PE 1126 N43 A26 1987

Automobile and Culture N 8217 A94 A97 1984

Barrett, S.R. Is God a Racist? The Right Wing in Canada FC 104 B37 1987

Callahan, David. Setting Limits: Medical Goals in an Aging Society HV 1461 C35 1987

Canada Not For Sale: the Case Against Free Trade HF 1733 C32 U634 1987

Ehrlich, Robert. Waging Nuclear Peace U 263 E47 1985

Energy in Canada: a Background Paper HD 9502 C22 E578

Forester, Tom. High-Tech Society: the Story of the Information Technology Revolution QA 76.9 C66 F66 1987

Gonick, C. The Great Economic Debate: Failed Economics and a Future for Canada HC 115 G56 1987

Gorbachev, Mikhail. Perestroika: New Thinking for Our Country and the World DK 289 G675 1987

Grothe, M. & P. Wylie. Problem Bosses: Who They Are and How to Deal With Them HF 5548.83 G76 1987

Hall, Carolyn. The Thirties in Vogue CB 425 H224 1985

Hawton, K. Suicide and Attempted Suicide among Children and Adolescents HV 6546 H39 1986

Hite, Shere. The Hite Report: Women and Love HQ 1206 H54 1987

Jacobson, Gary & John Hillkirk. Xerox: American Samurai HD 9802.3 U64 X475 1986

Life: the First Fifty Years, 1936-86 TR 820 L515 1986

Naisbitt, J. Re-inventing the Corporation HD 6957 U6 N25 1986

Nichols, M. & B. Krieger. Bill Bennett: the End FC 3828.1 B46 N53

No Safe Place: Violence Against Women and Children HV 6250.4 W65 N6 1985

Pioneer Tales of Burnaby FC 3849 B8 P54 1987

Ramsey, D.K. The Corporate Warriors HD 41 R27 1987

Speck, D.C. An Error in Judgement: the Politics of Medical Care in an Indian/White Community RA 418.3 C3 C84 1987

The Spirit of Steveston: a History of the Steveston Community Society FC 3849 S74 K45

Stewart-Patterson, D. Post-mortem: Why Canada's Mail Won't Move HE 6655 S84 1987